

**Applicant:** Anthony John Barnes  
**Application No.:** Not Yet Known

**IN THE ABSTRACT**

Please substitute the Abstract submitted herewith on a separate sheet for the Abstract appearing on the face sheet of the International Application as published.

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#### ABSTRACT

A method of forming and a blank therefor, in which the blank comprises a parent body and an insert, at least one of which is made of a material which possesses superplastic properties. The insert is joined to the parent body by friction stir welding. The primary purpose of the invention is to provide a blank for a forming process during which some parts of the blank are required to deform to an extent which requires superplastic properties, whereas the remaining parts of the blank are deformed to a lesser extent.